

# STREATERIES

WEEK 1

MAINS

## MAINS

**THAI STYLE CHICKEN SATAY**  
NUT FREE  
*With*  
**COCONUT RICE**



**ASIAN**

**CREAMY CHICKEN  
CARBONARA STYLE  
LASAGNE**  
**HOMEMADE GARLIC FOCACCIA**



**Authentic Italian**

**SWEET PINEAPPLE  
GLAZED GAMMON**  
**HERBY SMASHED CRISPY  
NEW POTATOES**



**Home Style**

**CHICKEN MADRAS**  
with Naan Nachos &  
Mint Yoghurt  
*With*  
**YELLOW RICE**



**INCREDIBLE INDIA**

**BATTERED FISH  
SAUSAGE**



**Chips & More**

*With*  
**CHIPS, GRAVY or IRISH CURRY SAUCE**

## VEGETARIAN

**SWEET & SPICY  
VEGETABLE STIR FRY**  
*With*  
**COCONUT RICE**

**SUMMER VEGETABLE  
& BASIL LASAGNE**

**HOMEMADE GARLIC FOCACCIA**

**CHEESY BUTTERNUT  
PUFF PASTRY SLICE**

**HERBY SMASHED CRISPY  
NEW POTATOES**

**BUTTER CHICKPEA CURRY**  
with Naan Nachos & Mint  
Yoghurt  
*With*  
**YELLOW RICE**

**PIZZA SLICE  
VEGGIE SAUSAGE**

*With*  
**CHIPS, GRAVY or IRISH CURRY SAUCE**

## VEGETABLES/SALAD

MONDAY  
ASIAN STYLE  
VEGETABLES

TUESDAY  
HOUSE MIXED  
SALAD

WEDNESDAY  
ROASTED SUMMER  
VEGETABLES

THURSDAY  
KACHUMBER  
SALAD

FRIDAY  
GARDEN PEAS OR  
BAKED BEANS

## DESSERTS



MONDAY  
BROWNIE STYLE  
COOKIES

TUESDAY  
CHOCO CHERRY  
FLAPJACK

WEDNESDAY  
OLD SCHOOL  
SPRINKLE SPONGE  
WITH CUSTARD

THURSDAY  
TROPICAL FRUIT  
COCONUT MUFFIN

FRIDAY  
HOMEBAKE  
FAVOURITES

Fresh Cut Fruit & Yoghurt Pots *available daily*

NOT JUST POTATOES...

# LOADED SPUDS!



SO GOOD THEY'RE HERE TO STAY

MONDAY  
CHICKEN SATAY  
*NUT FREE*

TUESDAY  
CHICKEN KORMA  
*with Mint Yoghurt  
& Crispy Onion*

WEDNESDAY  
CHINESE  
CHICKEN

THURSDAY  
BOLOGNESE

FRIDAY  
ALL  
THE CLASSICS

**AVAILABLE EVERYDAY**  
BEANS • CHEESE • TUNA

REGULAR  
CHEF'S  
SPECIALS

HANDCRAFTED  
DELI  
SANDWICHES,  
BAGUETTES,  
WRAPS,  
SALADS &  
MORE!

## HOT DELI KITCHEN

MONDAY  
BBQ CHICKEN  
WRAP

TUESDAY  
ULTIMATE FISH  
FINGER BAP

WEDNESDAY  
CRISPY CHICKEN  
WRAP

THURSDAY  
MEXICAN CHICKEN  
QUESADILLA

FRIDAY  
PEPPERONI  
LOADED CHIPS

## PASTA, RICE & NOODLE POTS

**AVAILABLE EVERYDAY**  
TOMATO SAUCE & CHEESE

MONDAY  
GARLIC CHICKEN  
ALFREDO PASTA

TUESDAY  
CHICKEN KORMA  
RICE POT

WEDNESDAY  
CHINESE CHICKEN  
CURRY NOODLES

THURSDAY  
BEST EVER  
BOLOGNESE PASTA

FRIDAY  
CLASSIC MAC  
CHEESE

MID MORNING BREAK

# CONNECT

Refuelling you between breakfast and your lunchtime destination!



## DAILY MEAL DEALS

Freshly Made from Scratch  
**DAILY!**



# STREATERIES

WEEK 2

MAINS

## MAINS

**CAJUN CHICKEN LOADED  
MAC CHEESE**  
*with  
Spicy BBQ Drizzle*



**GREEK PORK SOUVLAKI  
FLATBREAD & TZATSIKI**



*With*  
**GREEK LEMON & OREGANO WEDGES**



**TIKKA ROAST CHICKEN, CUMIN  
YORKIES & SPICED GRAVY**



*With*  
**MASALA ROASTIES**



**NORTH HARISSA LEMON  
CHICKEN TAGINE**



*With*  
**WEST TOMATO RICE**



**BATTERED FISH  
SAUSAGE**



*With*  
**CHIPS, GRAVY or CURRY SAUCE**



## VEGETARIAN

**CLASSIC BAKED MAC** V  
*with  
Garlic Crispy Crumb*

**TIROPITA  
GREEK CHEESE FILO PIE** V

*With*  
**GREEK LEMON & OREGANO WEDGES**

**MASALA SPICED VEGGIE SAUSAGE,  
CUMIN YORKIES & SPICED GRAVY** V

*With*  
**MASALA ROASTIES**

**EAST MISIR WOT  
ETHIOPIAN LENTIL STEW** V

*With*  
**WEST TOMATO RICE**

**PIZZA SLICE** V

**VEGGIE SAUSAGE** V  
*With*  
**CHIPS, GRAVY or CURRY SAUCE**

## VEGETABLES/SALAD

MONDAY  
PEPPER LIME  
SLAW

TUESDAY  
MEDITERRANEAN  
SALAD

WEDNESDAY  
FRESH STEAMED  
GREENS

THURSDAY  
SOUTH  
CHAKALAKA  
INSPIRED SALAD

FRIDAY  
GARDEN PEAS OR  
BAKED BEANS

## DESSERTS



MONDAY  
STICKY TOFFEE  
COOKIES

TUESDAY  
CINNAMON  
APPLE TURNOVER

WEDNESDAY  
JAM & CREAM  
SCONES

THURSDAY  
CAMEL SPONGE

FRIDAY  
HOMEBAKE  
FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

NOT JUST POTATOES...  
**LOADED  
SPUDS!**



SO GOOD  
THEY'RE  
HERE TO  
STAY

MONDAY CAJUN CHICKEN & SPICY BBQ DRIZZLE	TUESDAY GREEK SOUVLAKI & TZATSIKI	WEDNESDAY CHICKEN TINGA
THURSDAY HARISSA LEMON TAGINE	FRIDAY ALL THE CLASSICS	

**AVAILABLE EVERYDAY**  
BEANS • CHEESE • TUNA

## HOT DELI KITCHEN

MONDAY HOT DOG & CARAMELISED ONION	TUESDAY CRISPY CHICKEN BURGER	WEDNESDAY MEXICAN CHICKEN TINGA BURRITO	THURSDAY CHINESE CHICKEN WRAP	FRIDAY CHICKEN WINGS & CHIPS POT
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## PASTA, RICE & NOODLE POTS

**AVAILABLE EVERYDAY**  
TOMATO SAUCE & CHEESE

MONDAY SWEET & SOUR CHICKEN NOODLES	TUESDAY CHICKEN TIKKA MASALA RICE POT	WEDNESDAY CLASSIC CARBONARA PASTA	THURSDAY BEST EVER BOLOGNESE PASTA	FRIDAY CLASSIC MAC CHEESE
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LET YOUR TASTE BUDS DO THE  
*travelling!*



DAILY  
**MEAL DEALS**

Freshly Made from Scratch  
**DAILY!**



REGULAR  
CHEF'S  
SPECIALS



HANDCRAFTED  
DELI  
SANDWICHES,  
BAGUETTES,  
WRAPS,  
SALADS &  
MORE!



# STREATERIES

WEEK 3

MAINS

## MAINS

**HOMEMADE SMOKY PORK & RED ONION SAUSAGE ROLL**

*With*  
Potato Wedges



**CRISPY HONEY SESAME CHICKEN**

*With*  
Stir Fried Noodle & Beansprouts



**SLOW ROAST PULLED GARLIC & THYME PORK WITH GRAVY**

*With*  
Skin on Roasties



**SPICY MEXICANA BEEF CORN TACOS AVOCADO CREMA**

*With*  
Steamed Rice



**BATTERED FISH SAUSAGE**

*With*  
CHIPS, GRAVY or CURRY SAUCE



## VEGETARIAN

**SMOKED CHEESE & ONION PASTY** V

*With*  
Potato Wedges

**SWEET CHILLI AUBERGINE, MUSHROOM & EDAMAME STIR FRY** V

*With*  
Stir Fried Noodle & Beansprouts

**GARLIC & THYME ROASTED VEGETABLE BEAN BAKE** V

*With*  
Skin on Roasties

**SPICY BEAN & CHEESE QUESADILLA** V

*With*  
Steamed Rice

**PIZZA SLICE** V

**VEGGIE SAUSAGE** V  
*With*  
CHIPS, GRAVY or CURRY SAUCE

NOT JUST POTATOES...

# LOADED SPUDS!

SO GOOD THEY'RE HERE TO STAY

MONDAY  
MEATBALL  
MARINARA

TUESDAY  
BEAN CHILLI &  
CRISPY ONION

WEDNESDAY  
SPICY CHICKEN

THURSDAY  
MEXICANA BEEF  
& AVOCADO

FRIDAY  
ALL  
THE CLASSICS

**AVAILABLE EVERYDAY**  
BEANS • CHEESE • TUNA



REGULAR  
CHEF'S  
SPECIALS



HANDCRAFTED  
DELI  
SANDWICHES,  
BAGUETTES,  
WRAPS,  
SALADS &  
MORE!

## HOT DELI KITCHEN

MONDAY  
GARLIC & HERB  
CHICKEN WRAP

TUESDAY  
2oz SNACK  
BEEF BURGER

WEDNESDAY  
MASALA MAYO  
DOG

THURSDAY  
CHICKEN TIKKA  
NAAN

FRIDAY  
BBQ CHEESE  
LOADED CHIPS

## PASTA, RICE & NOODLE POTS

**AVAILABLE EVERYDAY**  
TOMATO SAUCE & CHEESE

MONDAY  
MEATBALL  
MARINARA  
PASTA

TUESDAY  
BEAN CHILLI  
RICE POT

WEDNESDAY  
SPICY  
CHICKEN PASTA

THURSDAY  
BEST EVER  
BOLOGNESE PASTA

FRIDAY  
CLASSIC MAC  
CHEESE

## VEGETABLES/SALAD

MONDAY  
BBQ BAKED  
BEANS

TUESDAY  
ASIAN  
GREENS

WEDNESDAY  
GREEN BEANS &  
CARROTS

THURSDAY  
MEXICAN CHOPPED  
SALAD

FRIDAY  
GARDEN PEAS OR  
BAKED BEANS

## DESSERTS



MONDAY  
COCONUT LIME  
COOKIES

TUESDAY  
DUTCH APPLE  
SPONGE  
& CUSTARD

WEDNESDAY  
CUSTARD DUFFIN  
(DONUT MUFFIN)

THURSDAY  
CHOCO MANDARIN  
BROWNIE

FRIDAY  
HOMEBAKE  
FAVOURITES

Fresh Cut Fruit & Yogurt Pots *available daily*

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*travelling!*



DAILY  
**MEAL DEALS**

Freshly Made from Scratch  
**DAILY!**

